

Women's Centres in Nova Scotia

We are multi-service organizations located in 9 communities across Nova Scotia. We provide direct services and programs for women and girls, work with our local service partners to respond to emerging issues, and work for change to create equity and equality for women, their families, and communities. Most Centres serve rural communities with unique regional challenges that benefit from the gender-based and rural lenses that inform our work.

Direct Services

- One-on-one Support Counselling and Crisis Management
- Information and Referral (legal, primary health, financial security, community-based services, employment support, mental health, and addictions)
- Individual Navigation, Advocacy and System Navigation, Accompaniment
- Drop-in for any reason: social contact, problem-solving, accessing support and resources, safe and quiet space
- Programs (personal development and empowerment for women, girls, and youth), pre-employment, health and wellness, economic development and self-sufficiency, healthy relationships, poverty relief and food security, healthy cooking. and more!

Collaboration and Partnerships

We work with community agencies and government:

- Direct services, including information, referrals, navigation, and joint programs
- Interagency Committees, Sexual Assault Response Teams [SARTs], and others relevant to regional situations
- Improve services for women and strengthen our work for social change
- Share resources and build capacity to address increasingly complex issues in our communities and social / political systems

Our services respond to the issues women and girls in our communities face. Our activities are rooted in a feminist analysis informed by an intersectional, non-oppressive, and trauma informed approach.



Women and adolescent girls are at the centre of our work.

Work for Change

- Community Development
- Policy Engagement and Advocacy
- Public/Professional Education

Women's Centres provide a safe and confidential space for women. Many women drop in initially with simple requests, but once they feel safe, they will disclose more serious concerns, and will work with support staff to make positive changes in their lives that benefit themselves and their families.

Women's Centres Build Strong Communities

Centres work with their communities to create a rural safety net. Our work:

- Addresses issues of concern to women and girls, including: poverty, housing, food security, health and mental health, economic security, violence and sexual violence
- Improves the lives of women, girls, and their families through direct service, information, and education
- Strengthens our communities through community development and public education
- Reinvests in community and our social and political systems by bringing a rural and gender lens to inform positive change

In many of our rural communities, Women's Centres are the one door open to help.



Women's Centres of Nova Scotia

Antigonish Women's Resource Centre and Sexual Assault Services Association

204 Kirk Place, 219 Main St.
Antigonish NS B2G 2C1
Tel: (902) 863-6221
www.awrcsasa.ca
info@awrcsasa.ca

Central Nova Women's Resource Centre

67 Dominion St,
Truro NS B2N 3P2
Tel: (902) 895-4295
www.cnwrc.ca
admin@cnwrc.ca

LEA Place Women's Resource Centre

22709 Hwy#7, P.O. Box 245
Sheet Harbour NS B0J 3B0
Tel: (902) 885-2668
www.leaplace.com
leaplace@ns.sympatico.ca

Every Woman's Centre

21 Trinity Avenue.
Sydney NS B1P 4Z4
Tel: (902) 567-1212
woman.centre@ns.sympatico.ca

Pictou County Women's Resource and Sexual Assault Centre

503 S. Frederick St.
New Glasgow NS B2H 3P3
Tel: (902) 755-4647.
www.womenscentre.ca
pcwc@womenscentre.ca

The Women's Place Resource Center

228 St. George St.
Annapolis Royal NS B0S 1A0
Tel: (902) 532-1898
www.womensplaceresourcecenter.com
della@womensplaceresourcecenter.com

Second Story Women's Centre

18 Dufferin St. P.O. Box 821
Lunenburg NS B0J 2C0
Tel: (902)640-3044
www.secstory.com
info@secstory.com

Strait Area Women's Place

PO Box 6913
Port Hawkesbury, NS
B9A 2W2
Tel: (902) 625-1614
straitareawomensplace@gmail.com

Tri-County Women's Centre

12 Cumberland Street
Yarmouth NS B5A 3K3
Tel: (902) 742-0085
Toll Free: 1-877-742-0085
www.tricountywomenscentre.org,
tcwc@tricountywomenscentre.org

Women's Centres Connect

3256 Isleville St. Halifax
NS, B3K 3Y5
Tel: (902) 449-9820
www.womenconnect.ca
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